

OTUMOETAI COLLEGE
NCEA HEALTH & PHYSICAL EDUCATION LEVEL 1 – (L1HEPE) 2018

Dates are guideline weeks only

HEALTH AND PHYSICAL EDUCATION – L1HEPE					
<i>Course Relationship to the National Vocational Pathways</i>					
Construction & Infrastructure	Manufacturing & Technology	Primary Industries	Services Industries	Social & Community Services	Creative Industries
0	0	5	17	17	17
Course Entry	The entry is dependent on approval from your Year 10 teacher and the HOD Physical Education.				
Course Overview	This course combines Achievement Standards from Health as well as standards from Physical Education. Topics include Personal Health and Lifestyle, Sexuality, Relationships and Problem Solving, Active Participation and factors affecting active Participation.				
Assessment	Assessment is 100% internal. This means students must be able to complete assessed tasks in the workbooks within a set timeframe. Activities include Fitness, Netball, Hip Hop, Volleyball and Badminton. All practical activities have an 80% participation requirement.				
Course Fees	These course fees are compulsory for all students taking L1HEPE				
	Course Workbook				\$20.00
	Hip Hop activity facilitated by outside providers				\$40.00

Aim

To introduce students to a combined course from Health and Physical Education Achievement Standards. This course will give students an insight into two curriculum areas.

Description

This course allows student to apply health strategies in a practical setting. A combination of Health & Physical Educations standards gives students the opportunity to taste 2 separate courses before they specialise in Year 12/13

Topics

Topics include, Relationships & Problem solving, Taking action to enhance personal lifestyle, Sexuality and keeping safe, Participating in a Practical programme and Performing at a National Standard.

Practical Activities: Netball, Volleyball, Hip Hop, Badminton, and various activities

Achievement Standard	Title	Activities	Credits	Weeks/Dates
90971	Take action to enhance an aspect of personal well being	Leisure Activities/Games/Box fit	3	Term 1 Week 2 - 8
90962	Participate actively in a variety of physical activities and explain factors that influence own participation	Netball, Volleyball Hip Hop, Dance Badminton	5	Term 1 Week 9 – 11 Term 2 Term 3 Term 4
90964	Demonstrate quality movement in the performance of a physical activity.” Works at the same time as netball above	Netball	4	Term 1 Week 9 – 11 Term 2 Week 1
90973	Demonstrate understanding of inter personal skills used to enhance relationships	Hip Hop Dance	5	Term 2 Week 2 - 9
90974	Demonstrate understanding of strategies for promoting positive sexuality	Theory	4	Term 3 Week 3 - 9
Total of 5 Achievement Standards				
Total of 21 Credits				

OTUMOETAI COLLEGE PHYSICAL EDUCATION DEPARTMENT POLICIES AND PROCEDURES

Authenticity

Assessed work must be your own work. You and your caregivers will be expected to sign authenticity declarations and, where appropriate submit working drafts. Where evidence indicates work presented is not your own work the school policy will be followed, i.e. a non-credit for that unit.

Attendance

You are expected to attend class on a regular basis as set out in the school policy on attendance. If there is a record of consistent non-attendance which could jeopardise safety or the achievement of the rest of the group then an alternative work place will be considered during PE lessons. It is the students' responsibility to catch up on work that has been missed through non-attendance.

If an assessment is missed a **Doctors Certificate** must be presented to enable student to sit the assessment.

Participation

Students must **participate in 85%** of any practical or theory aspects of this course to be eligible to enter the standard.

Appeals

Appeals of grades awarded are to be made within three school days of the return of assessed work. Where a grade is appealed, school policy will be followed.

Marked work is **not** to be removed from the classroom.

Late Work

Late work will **not** be accepted for assessment unless exceptional circumstance exists, (computer failure is not a valid reason to hand work in late) and an extension will be given by your teacher. Extensions must be applied for **three** days prior to the due date.

Verifying Grades

Students will be required to verify the grades they have been awarded by signing the result slip attached to each piece of work.

Compassionate Considerations

Compassionate consideration for a student who is absent from an internal assessment may be made if there is sufficient evidence available from other work related to the same skill/contact and no other re-assessment opportunity is available.

Retention of Student Work

Your teacher will retain all work completed during this course.

YEAR PLANNER 2018

SUBJECT: LEVEL 1 HEALTH & PHYSICAL EDUCATION (L1HEPE)

TERM 1	Week 1 1 – 3 Feb.	Week 2 6 – 10 Feb.	Week 3 13 – 17 Feb.	Week 4 20 – 24 Feb.	Week 5 27 Feb. – 3 Mar.	Week 6 6 – 10 Mar.	Week 7 13 – 17 Mar.	Week 8 20 – 24 Mar.	Week 9 27 - 31 Mar.	Week 10 3 – 7 Apr.	Week 11 10 – 14 Apr.			
Context	Intro to course and contract	Waitangi Day (Feb. 6)	AS90971 Well-being	AS90971 Well-being	AS90971 Well-being Practicals	AS90971 Well-being Practicals	Work Day (March 7)	AS90971 Well-being Practicals	AS90971 Well-being Practicals	AS90971 Well-being All paperwork completed & handed in	AS90962 & AS90964 Netball	AS90962 & AS90964 Netball	AS90962 & AS90964 Netball	Good Friday (Apr. 13)
Assessment												SUMMER TOURNAMENT WEEK		

TERM 2	Week 1 1 – 5 May	Week 2 8 – 12 May	Week 3 15 – 19 May	Week 4 22 – 26 May	Week 5 29 May – 2 June	Week 6 5 – 9 June	Week 7 12 – 16 June	Week 8 19 – 23 June	Week 9 26 – 30 June	Week 10 3 – 7 July	
Context	AS90962 & AS90964 Netball	AS90973 Relationships & Hip Hop	AS90973 Relationships & Hip Hop (Dance Room)	AS90973 Relationships & Hip Hop (Dance Room)	AS90973 Relationships & Hip Hop (Dance Room)	Queens Birthday (June)	AS90973 Relationships & Hip Hop (Dance Room)	AS90973 Relationships & Hip Hop (Dance Room)	AS90973 Relationships & Hip Hop Practical Assessment	AS90973 Relationships & Hip Hop	AS90962 Volleyball
Assessment										NCEA PRACTICE EXAMS	

TERM 3	Week 1 24 – 28 July	Week 2 31 Jul. – 4 Aug.	Week 3 7 – 11 Aug.	Week 4 14 – 18 Aug.	Week 5 21 – 25 Aug.	Week 6 28 Aug. – 1 Sep.	Week 7 5 – 9 Sep.	Week 8 12 – 16 Sep.	Week 9 19 – 23 Sep.	Week 10 25 – 29 Sep.
Context	AS90962 Volleyball	AS90962 Volleyball	AS90974 Sexuality (Classroom)	AS90974 Sexuality (Classroom)	AS90974 Sexuality (Classroom)	AS90974 Sexuality (Classroom)	AS90974 Sexuality (Classroom)	AS90974 Sexuality (Classroom)		AS90974 Sexuality (Classroom) Maybe AS90962 Badminton
Assessment							WINTER TOURNA. WEEK		NCEA PRACTICE EXAMS	

TERM 4	Week 1 16 – 20 Oct.	Week 2 23 – 27 Oct.	Week 3 30 Oct. – 3 Nov.	Week 4 6 - 10 Nov.	Week 5 13 – 17 Nov.	Week 6 20 – 24 Nov.	Week 7 27 Nov. – 1 Dec.	Week 8 4 – 8 Dec.	Week 9 11 - 15 Dec.
Context	AS90962 Badminton	Labour Day (Oct. 23)	AS90962 Badminton	AS90962 Badminton					Teacher Only Days (Dec. 11 & 12)
Assessment					NCEA EXAMS	NCEA EXAMS	NCEA EXAMS		