

OTUMOETAI COLLEGE
NCEA SPORT SCIENCE LEVEL 3 – (L3SPSC) 2018

Dates and Venues: These are guideline weeks only

SPORT SCIENCE – L3SPSC					
Course Relationship to the National Vocational Pathways					
Construction & Infrastructure	Manufacturing & Technology	Primary Industries	Services Industries	Social & Community Services	Creative Industries
0	0	0	23	15	15
Course Entry	Entry to Level 3 is dependent upon passing Level 2, in particular AS91329 and approval from the HOD Physical Education. <i>Students that select 13 SPSC cannot select another course involving standards from PE/Sport. 13 SPSC is seen as the academic course and students need to take 4 other subjects for University requirements. This would prevent a student selecting (13 SPSC and 13 OE) or (13SPSC and 13 SPED) or (13SPSC and 13 Elite).</i>				
Course Overview	This course extends the knowledge gained at Level 2 and focuses on Biophysical and Sociocultural analysis of physical activity. The contexts will be 10km Run, Tough Guy/Girl, Badminton and Violence in Sport. Students will be expected to take part in school-wide Cross Country, Athletics and Swimming Sports.				
Assessment	Assessment is 100% internal. This means students must be able to complete assessed tasks within a set timeframe. Some electronic submissions will be required. There is only 1 standard assessed from practical performance alone. Opportunities for this will be via Badminton or the Tough Guy/Girl Challenge. Students gaining excellence grades will be offered the chance to enter Scholarship assessments.				
Course Fees	This Course Fee is compulsory for all students taking L3 SPSC Printing workbook Travel and entry to the Tough Guy/Girl Challenge, Rotorua				Total: \$100.00 \$35.00 <i>approx \$65.00</i>
Trip Fees	This course will be enhanced by attendance at the following activities Applied SPSC day, Cambridge Velodrome Training day Whakatane Assault course				\$45.00 \$45.00

Course 'Aims'

To provide learning experiences in order to extend and apply knowledge in theoretical and practical settings, and to achieve Physical Education NCEA Level 3 (and Scholarship where required)

Description of Course

Level 3 Sport Science is a study of bio physical and socio – cultural aspects and how they relate to, explain and impact upon athletes and sporting issues. Students are expected to analyse socio-cultural, historical, biological, biomechanical, and environmental factors that affect sporting events and individuals. Principles of training and methods of training are included in this study. Practical components are Badminton and training for a Tough Guy & Gal race.

Topics

- (a) Badminton – Practical skill assessment and Biomechanical Analysis*
- (b) Violence in sport – Research topic*
- (c) Sport specific fitness training methods – theory & training for a Tough Guy & Gal race*

AS	Title	Activities	Credits	Venue	Weeks/Dates
91499 3.2 V1	Analyse a physical skill performed by self or others	Serving For Success – Badminton / Biomechanics	3	OTC	Term 1, Week 8
91500 3.3 V1	Evaluate the effectiveness of a performance improvement programme	Better Than Before? – Evaluate the Programme	4	OTC	Term 4, Week 1
91501 3.4 V1	Demonstrate quality performance of a physical activity in an applied setting	Tough Guy & Gal Challenge / Badminton Performance	4	OTC	Term 1 Week 7 + Term 3, Week 5
91502 3.5 V1	Examine a current physical activity, trend or issue and its impact on New Zealand society	Violence In Sport - Research	4	OTC	Term 2, Week 3
91789 3.9 V1	Devise strategies for a physical activity outcome	Are you Tough Enough? - Devise a Training Programme	4	OTC	Term 3, Week 7
Total of 5 Achievement Standards					
Total of 19 Credits					

OTUMOETAI COLLEGE PHYSICAL EDUCATION DEPARTMENT POLICIES AND PROCEDURES

Authenticity

Assessed work must be your own work. You and your caregivers will be expected to sign authenticity declarations and, where appropriate submit working drafts. Where evidence indicates work presented is not your own work the school policy will be followed, i.e. a non-credit for that unit.

Attendance

You are expected to attend class on a regular basis as set out in the school policy on attendance. If there is a record of consistent non-attendance which could jeopardise safety or the achievement of the rest of the group then an alternative work place will be considered during PE lessons.

It is the students' responsibility to catch up on work that has been missed through non-attendance.

If an assessment is missed a **Doctors Certificate** must be presented to enable student to sit the assessment.

Participation

Students must **participate in 85%** of any practical or theory aspects of this course to be eligible to enter the standard.

Appeals

Appeals of grades awarded are to be made within three school days of the return of assessed work. Where a grade is appealed, school policy will be followed.

Marked work is **not** to be removed from the classroom.

Late Work

Late work will **not** be accepted for assessment unless exceptional circumstance exists, (computer failure is not a valid reason to hand work in late) and an extension will be given by your teacher. Extensions must be applied for **three** days prior to the due date.

Verifying Grades

Students will be required to verify the grades they have been awarded by signing the result slip attached to each piece of work.

Compassionate Considerations

Compassionate consideration for a student who is absent from an internal assessment may be made if there is sufficient evidence available from other work related to the same skill/contact and no other re-assessment opportunity is available.

Retention of Student Work

Your teacher will retain all work completed during this course.

YEAR PLANNER 2016

SUBJECT: 13 SPORTS SCIENCE

TERM 1	Week 1 1 - 5 Feb	Week 2 8 - 12 Feb	Week 3 15 - 19 Feb	Week 4 22 - 26 Feb	Week 5 29 Feb - 4 Mar	Week 6 7 - 11 Mar	Week 7 14 - 18 Mar	Week 8 21 - 25 Mar	Week 9 28 Mar -1 Apr	Week 10 4 - 8 Apr	Week 11 11 - 15 Apr
Context	TOD (Feb 2) 3 Feb yr 9/13 4 Feb all yrs Intro/ start 3.2 / 3.5 Badminton & Biomech	Waitangi (8)		Mon 22 TOD		Wed 9 Work Day	Tue 15 Swimming Sports		Easter Friday (25) Easter Mon (28)	Start Violence In Sport 3.5	
Assessment							3.4 BADMINTON ASSESSMENT		3.2 DUE	SUMMER TOURNAMENT WEEK	

TERM 2	Week 1 02- 6 May	Week 2 9-13 May	Week 3 16 - 20 May	Week 4 23 -27 May	Week 5 30 May - 3 June	Week 6 6 - 10 June	Week 7 13 - 17 June	Week 8 20 -24 June	Week 9 27 June-1 July	Week 10 4 -8 July
Context				Start Devise A Training Prog. 3.9		Queens Birthday (6)				
Assessment			3.5 Violence In Sport DUE			Fri 10th - Aplied SpSc Day- Cambridge		NCEA PRACTICE EXAMS	(JLM AWAY)	(JLM AWAY)

TERM 3	Week 1 25 -29 July	Week 2 1 - 5 Aug	Week 3 8 - 12 Aug	Week 4 15 - 19 Aug	Week 5 22 - 26 Aug	Week 6 29 Aug -2 Sept	Week 7 5 - 9 Sept	Week 8 12 -16 Sept	Week 9 19 -23 Sept
Context		Wed 3rd - Training Day Whakatane			Start 3.3 Evaluate the Programme				
Assessment				Thurs 18th TOUGH GUY & GIRL - Rotorua 3.4		WINTER TOURNAMENT WEEK	3.9 Devise A Training Programme DUE	NCEA PRACTICE EXAMS	

TERM 4	Week 1 10 - 14 Oct	Week 2 17 -21 Oct	Week 3 24 - 28 Oct	Week 4 31 Oct - 4 Nov	Week 5 7 - 11 Nov	Week 6 14 - 18 Nov	Week 7 21 - 25 Nov	Week 8 28 Nov -2 Dec	Week 9 5 - 9 Dec	Week 10 12 - 16 Dec
Context		Scholarship Work / Play...	Labour Day							TODs Monday &